



# 2026 Women's Retreat

## JOURNEY WITH JESUS



Artist: Randy Friemel. Image used with permission.

**WHEN:** Friday, April 17 (7p-9p) & Saturday, April 18 (9a-4:30p)\*

**WHERE:** St. Bernadette Catholic Church, 15500 El Camino Real, Houston, TX

**COST:** \$50 (includes snacks on Friday & breakfast and lunch on Saturday)

**REGISTER:** [www.stbchurch.org/womens-retreat](http://www.stbchurch.org/womens-retreat)

*\*Retreatants attend Friday evening, go home to sleep, then return on Saturday to complete retreat.*



**Retreat Presenter:** Chris Twardowski

Chris received her certificate in Spiritual Direction and Directed Retreats from Creighton University in Omaha, NE in 1999. But her real education has been living life as a daughter, sister, wife, mother, mother-in-law, and grandmother. For 40 years she served in the Archdiocese of Galveston-Houston ministering in Faith Formation, her latest parish being St. Bernadette as Director of Spiritual Life Ministry. She retired in 2020. Today, she still leads studies of spiritual writings, meets people for spiritual direction and enjoys time with family, nature and traveling.

